

Basic Self Defense Handgun Skills Test

The course requirements are as follows:

- A. **Target** – IALEFI-Q
- B. **Distance** – 3 yards, 5 yards, and 7 Yards
- C. **Time Limit** – None.
- D. **Shooting Position** – As indicated in **Procedure**
- E. **Starting Position** – As indicated in **Procedure**
- F. **Number of Rounds** – 15 rounds total for 5 shot revolvers, 18 rounds for all other handguns
- G. **Procedure** – You will shoot 6 (5) rounds at 3 yards, 6 (5) rounds at 5 yards, and 6 (5) rounds at 7 yards.
 - a. Place the target at 3 yards.
 - i. Load with 7 rounds if possible; revolvers load to capacity. Come to High Compressed Ready holding the pistol with your Dominant Hand Only.
 - 1. On signal, extend the pistol and fire 1 round with your Dominant Hand Only. Return to Compressed Ready.
 - 2. On signal, extend the pistol and fire 2 rounds with your Dominant Hand Only. Return to Compressed Ready.
 - 3. On signal, extend the pistol and fire 3 rounds (5 shot revolvers fire 2 rounds) with your Dominant Hand Only.
 - 4. Safely unload and holster or case handgun.
 - b. Place the target at 5 yards.
 - i. Load with 7 rounds if possible; revolvers load to capacity. Come to Low Ready with both hands.
 - 1. On signal, raise the pistol and fire 2 rounds, shooting with both hands. Come to High Compressed Ready with both hands.
 - 2. On signal, extend the pistol and fire 1 round, shooting with both hands. Remain aimed at target.
 - 3. On signal, fire 3 rounds (5 shot revolvers fire 2 rounds), shooting with both hands.
 - 4. Safely unload and holster or case handgun.
 - c. Place the target at 7 yards.
 - i. Load with 7 rounds if possible; revolvers load to capacity. Aim at target with both hands.
 - 1. On signal, fire 1 round, shooting with both hands. Come to High Compressed Ready with both hands.
 - 2. On signal, extend the pistol and fire 2 rounds, shooting with both hands. Come to Low Ready.
 - 3. On signal, raise the pistol and fire 3 rounds (5 shot revolvers fire 2 rounds), shooting with both hands.
 - 4. Safely unload and holster or case handgun.
 - d. Bring the target back and count your hits.
- H. **Success measurement** – To successfully complete the Test, all of your rounds must have hit the silhouette, preferably in the large circle. Nose of the bullet must hit within the outline of the silhouette to count.

Analysis of shooting tasks

Lessons from the Street				
Shooting Tasks	Distance	rounds fired	opponents	Stance
Fire 3 shots Strong Hand Only at single target	at arm's length	3 shots	single target	Strong Hand Only
Fire 3 shots Strong Hand Only at single target	slightly past arm's length	3 shots	single target	Strong Hand Only
Fire 2 shots at single target	slightly past arm's length	2 shots	single target	Two Hands
Draw pistol from concealment and fire 5 shots at single bent over target	slightly past arm's length	5 shots	single target	Two Hands
Fire 1 shot at single target across room	5 yards	1 shot	single target	Two Hands
Draw pistol from concealment and empty pistol at single target	5 yards	11 shots	single target	Two Hands
Draw pistol from concealment and fire 2 shots at single target	5 yards	2 shots	single target	Two Hands
Fire 2 shots at single target across parking lot	5 yards	2 shots	single target	Two Hands
Fire 2 shots at single target across room	7 yards	2 shots	single target	Two Hands
Fire 2 shots each at 2 targets	7 yards	2 shots	2 targets	Two Hands
Fire 3 shots at single target across room	7 yards	3 shots	single target	Two Hands
Fire 1 shot from kneeling at a single target at an outlier distance	22 yards	1 shot	single target	Two Hands

Atypical Aspects of Some Situations

- 3 of 10 incidents involved accessing the pistol from off body locations
- 2 of 10 incidents involved establishing an ambush for the criminal
- 1 incident involved firing more than 5 rounds at one target
- 1 incident would have been more appropriate handled by an execution type head shot rather than 5 body shots
- 1 incident involved firing from a kneeling low cover position at extended range (22 yards)

Concept of Basic Skills Test

Design a Course of Fire that mimics the shooting tasks involved in Lessons From the Street. Structure the Test so that it can be used on any accessible range by any gun owner or Proctor, whether the Testee is Licensed to Carry or not.

- Accept that two outliers (22 yards and execution shot) will not be included.
- Demonstrating the ability to draw and reholster the pistol safely is not necessarily a live fire task. It also excludes most gun owners, who do not have Weapons Carry Licenses. It is therefore not included.
- Timing is problematic on indoor ranges, which are the only facilities available to most gun owners. It is therefore not included.
- Reacting to a stimulus was an inherent part of each incident and is therefore included. The nature of the stimulus varied among incidents. Therefore, any signal; horn, whistle, turning lights on, etc., the Proctor has available may be used.
- Testees should be run as a line rather than individually. This increases the pressure on the Testees to shoot with a sense of urgency in the untimed environment.
- The ability to safely load and unload the pistol is a requisite skill and is therefore repeatedly included.
- Five shot revolvers are a very common weapon. Therefore, the Test is designed to accommodate them.
- Using the IALEFI-Q provides a visual indicator of a more desirable hit area for training purposes while still providing an adequately sized target for Testing purpose by using the full bottle.