

The 12 Shot Dot (Circle) Drill

Six (6) dots or circles about 2 1/2" to 3" in diameter on 11 x 14 paper



Set target at 3 yards initially, then move to 5 yards and 7 yards as skill increases.

Start loaded with six rounds only. Drill is as follows:

- 1- On the top left dot, fire 1 shot from extended ready (sights confirmed and aligned) twice.
- 2- On the top right dot, draw and fire 1 shot twice.
- 3- On the middle row, from extended ready, fire 2 shots on left dot.
- 4- Reload.
- 5- On the middle row, draw and fire 2 shots on right dot.
- 6- On the bottom row, from extended ready, fire 1 shot on left dot, fire one shot on right dot.
- 7- On the bottom row, draw and fire 1 shot on right dot, fire one shot on left dot.

Subtotal – 12 rounds

Do three times; once freestyle, once strong hand only, once weak hand only. For weak hand, start positions are extended ready and high ready (transition position); be sure sights are positioned under dominant eye.

Total – 36 rounds

The goal here is to have all shots cut the dots, no strays allowed. There should be 6 shots in or cutting each dot. No time limit. Take all the time you need. Any rounds that do not cut the dot are considered misses.